

pregnant women

are at **risk** for serious
complications from **flu**

- Severe illness
- Hospitalization
- Pneumonia
- Preterm and emergency cesarean delivery
- Death

**Ask your doctor
about the flu
vaccine today!**

Vaccination can protect both pregnant mothers and their babies from flu and flu-related complications.



**NORTH DAKOTA
DEPARTMENT of HEALTH**

Learn more at www.ndflu.com

or call 800.472.2180