



# Spread fun! Not flu.

Even healthy kids can get seriously sick from the flu, and they can spread it to family, friends and others.

Everyone 6 months of age and older should get the flu vaccine every year.

For more information visit  
[www.ndflu.com](http://www.ndflu.com)  
Or call 800.472.2180

 NORTH DAKOTA  
DEPARTMENT *of* HEALTH