



# FLU VACCINE

## your best line of defense!

# Get yours today!

### Who?

- Adults 50 or older
- Children ages 6 months through 18 years
- Adults and children with a chronic health condition\*
- Women who will be pregnant during the flu season
- Health-care workers
- Household contacts of those listed above
- **Anyone** who wants to prevent the flu

### Where?

Check with your:  
Private physician  
Local public health unit  
Local pharmacist

or visit: [www.ndflu.com](http://www.ndflu.com)

*\*Includes health problems such as heart disease, diabetes, kidney disease, asthma, cancer, children receiving long-term aspirin therapy and HIV/AIDS.*